



COME “TRI” A NEW ACTIVITY!!

WHAT: The UNB Indoor Triathlon is a unique event that blends the concept of an outdoor triathlon with a fun indoor event that anyone can try! **NO EXPERIENCE NECESSARY!** Please note that all participants must be over the age of 16

The race consists of a 10 min. swim, 15 min. bike and 15 min. run

WHEN: March 14th, 2010

WHO: Registration is open to both individuals and relay teams. Teams will consist of three individuals participating in three separate legs of the race (swim, bike, run)

COST: Individual (Member): \$30
Individual (Non-Member): \$35
Relay Team (Members): \$40
Relay Team (Non-Members): \$45



Register online before February 28th at www.campusrec.unbf.ca. For more information, contact the Campus Recreation office at 453-4579 or crfb@unb.ca



VOLUNTEERS NEEDED!!!

- WHAT:** The UNB Indoor Triathlon is a unique event that blends the concept of an outdoor triathlon with a fun indoor event that anyone can try! **NO EXPERIENCE NECESSARY!**
- WHEN:** Volunteers needed Sunday, March 14th, 2010
- WHO:** All Volunteers are welcome-no prior experience necessary. Volunteers are needed to time events, manage event areas, coordinate race heats and much more!!

ALL VOLUNTEERS RECEIVE T-SHIRTS!!

**To volunteer, please contact
Jennifer McAloon at
453-4579 or mcaloon@unb.ca**

